

## An Introduction to Conrad Humphreys

Our Guest Speaker has raced around the world no less than three times and faced some of the most challenging conditions on the planet. At just 26 he was selected to skipper an all amateur team for the BT Global Challenge round the world race. Leading his crew to victory, they won four out of seven legs, to receive the coveted Princess Royal Trophy.

In 2004, he switched to single-handed sailing and took on the Everest of ocean racing, the Vendee Globe. More people have ventured into space than raced solo around the world. He went on to finish 7th overall, becoming only the 5th British yachtsman in history to complete the legendary race.

More recently, he was the professional skipper for Channel 4's *Mutiny*, where a crew of nine set out to recreate the incredible voyage of Captain Bligh after the infamous Mutiny on the Bounty. Using traditional navigation equipment and surviving on the same meagre rations as Bligh, their mission was to survive and safely navigate 4000 miles across the South Pacific ocean and recreate one of the world's greatest survival stories in British history.

Ladies and Gentlemen, Conrad Humphreys.

